

BG Swim Team 2009 Season

Head Coach: Rachel Foate 804 339-0064 email: artspace47@yahoo.com

Asst. Coach: Morgan Swim 804 317-1041 email: morgan.swim.09@gmail.com

Parent Reps:

Shearn Teconchuk 320-7912 email: jpteconchuk@msn.com

Susie Stough 272-6283 (home) 677-6966 (cell) email: msstough@msn.com

Meet Schedule:

1. Tuesday June 16 Away vs. Woodlake
2. Tuesday June 23 Away vs. Stonehenge
3. Tuesday June 30 Away vs. Brandermill
4. Tuesday July 7 Home vs. Smoketree
5. Tuesday July 14 Away vs. Robious
6. Monday July 20 Home vs. Surreywood

Champs: 10 and under Monday, July 27 at 6:00 pm

11 and over Tuesday July 28 at 6:00 pm

Practice Schedule:

Afternoon Practice

Monday, May 18 through Thurs, June 11 for Juniors/Intermediates/Seniors
3:30-5:00 - bring swim gear, running shoes, H2O bottles

May 26 afternoon practice begins for Mites/Midgets **5:00-6:00**

June 1 afternoon practice begins for Mini-Mites **6:00-6:30**

Morning Practice begins Monday June 15 for all swimmers

Junior/Int/Senior 7:45-9:30 am

Mit/Midg 9:30-10:30 am

Mini-Mites 10:30-11:00 am

Age Groups (as of May 31, 2009)

Mini-Mite: 6 & under

Mite: 7-8

Midget: 9-10

Junior: 11-12

Intermediate: 13-14

Senior: 15-18

Other Important Dates: (subject to change)

Tues May 26 7:00 parent meeting

Thurs May 28 7:00 parent meeting (please attend one)

Friday June 5 5:00 pm Mock Swim Meet (rain date 6/6 9:00 am)

Mites, Mini Mites, Midgets and new swimmers should participate

Wed July 15 Swim A Thon (morning for MM/Mites/Mid, evening for Jr/Int/Sr)

Details to be announced

Thursday July 30 Water Country Trip

Friday July 31 Awards Banquet

Additional events may be scheduled. Please watch for announcements on the swim team bulletin board.

A parent coordinator for Movie Days will be needed in order for Movie Days to take place. Please consider helping in this way.